





COURSE OVERVIEW

This course is aimed at anyone working in medium risk confined spaces such as sewers, vessels, tanks and chambers, who need to enter and possibly disconnect and traverse away from the winch system. The course is competence based and requires delegates to show a sound understanding of safe working practices and emergency arrangements including the use of a variety of entry and safety equipment.

Pre-requisites

Candidates should be physically fit and medically capable of using positive pressure breathing apparatus. It is advised to be clean shaven when attending this course.

Who Should Attend?

This Working in Medium Risk Confined Spaces Water course is a National Occupational Standard (NOS) for the water industry. The NOS embodies the skill and knowledge elements, as part of the requirement for candidates to become competent. It is designed for managers, supervisors and operatives who may need to enter or supervise the entry into Medium Risk Confined Spaces for the water industry and carry out a variety of work activities.

COURSE OBJECTIVES AND CONTENT

- Prepare to enter and work safely in medium risk confined spaces
- **■** Enter and exit confined spaces safely
- Prepare and use escape breathing apparatus in accordance with manufacturers' specifications
- Use equipment and tools safely and in accordance with manufacturers' instructions
- **■** Follow procedures and work safely
- Deal with emergencies
- Use appropriate behaviour for working in medium risk confined spaces in the water industry
- Use general knowledge for working in medium risk confined spaces in the water industry

Certification

All delegates receive a certificate valid for 3 years.

Course Ratio / Duration

8:1 (8 delegates to 1 instructor) 15 guided learning hours i.e. 2 days

TO BOOK OR FOR MORE INFORMATION TEL: 01925 212144 or email us at: training@zerogravitysafety.co.uk