



WAH – ZGT59

Industrial Rigging & Climbing



COURSE OVERVIEW

This course is designed to train persons who are required to work at height or persons who work within the telecommunications or power industries required to climb and rig antenna systems or safety systems. This course is delivered in accordance with BS8454-2006 Code of practice for the delivery of training and education for work at height and rescue.

Pre-requisites

Delegates must be medically fit to work at height. Must be 18 years of age.

Who Should Attend?

This course covers the industrial climbing , RF Hazards, rigging and light lifting and ability to assess lifting and installation skills for steelwork and antennas. The course covers climbing and rescue.

COURSE OBJECTIVES AND CONTENT



- Introduction, Legislation, Standards & Guidance
- Selection, care and maintenance of equipment
- Climbing techniques, ladder and structure
- Use & knowledge of available F/A Systems on site
- Restraint, work positioning and fall arrest systems
- Use of ropes, knots and tensioned lines
- Rigging and lifting systems
- Elementary rigging and rope management
- Theory test & Practical Assessment

Certification

All delegates receive a certificate and ID card valid for 3 years.

Course Ratio / Duration

6:1 (6 delegates to 1 instructor)
8 guided learning hours i.e. 1 day

**TO BOOK OR FOR MORE INFORMATION TEL: 01925 212144
or email us at: training@zerogravitysafety.co.uk**