



WAH – ZGT09

Safe use of ladders and steps



COURSE OVERVIEW

The programme will provide an insight as to the appropriate selection, use, and limitations of various types ladder as well as teach participants how to relate the importance of using ladders safely in your workplace. To conduct a pre use examination of ladders and stepladders in line with current legislation. This course is delivered in accordance with BS8454-2006 Code of practice for the delivery of training and education for work at height.

Pre-requisites

None

Who Should Attend?

The course is designed for people using ladders and steps or platforms and those responsible for this type of equipment.

COURSE OBJECTIVES AND CONTENT



- Introduction / overview of the Work at Height Regulations
- Hazards of ladder use and why have training
- Ladder choice - classes, types and accessories
- Limitations of use
- Ladder inspection, maintenance and storage
- Safe erection of ladders
- Safe use of ladders
- Documentation, Due Diligence and Compliance Training
- Practical - use of various ladders
- Examination theory / Practical

Certification

All delegates receive a certificate and ID card valid for 3 years.

Course Ratio / Duration

10:1 (10 delegates to 1 instructor)
8 guided learning hours i.e. 1 day

**TO BOOK OR FOR MORE INFORMATION TEL: 01925 212144
or email us at: training@zerogravitysafety.co.uk**