

## WAH – ZGT95

# Rooftop Worker - Safety & Access

### COURSE OVERVIEW

During this course delegates are provided with the essential practical and theoretical information needed in order to safely use fall protection equipment to access and work safely on roofs. Delegates are also taught how to identify and deal with hazards and risks associated with this type of work. The course is fully compliant with current work at height and general health & safety legislation.

### Pre-requisites

Those attending training should be medically fit to carry out the practical part of the course

### Who Should Attend?

This course is aimed at field engineers, site acquisition staff, riggers and others who may need to use PFPE when accessing rooftop sites.

### COURSE OBJECTIVES AND CONTENT

- General requirements for rescue
- Health and safety legislation
- Dangers of work at height
- Assessment of hazards and risks commonly found on rooftops
- Collective fall protection methods and equipment
- Introduction to RF found on rooftops (duration 15-20 minutes)
- Dealing with syncope (suspension trauma) - awareness only
- How to fit PFPE, it's characteristics and limitations
- Inspection care and disposal requirements for PFPE
- Restraint, positioning and fall arrest techniques
- Anchor point selection and checking – eye bolts and horizontal fixed wire systems
- Practical climbing of fixed ladders using twin lanyards
- Practical restraint and fall arrest techniques on rooftops
- Equipment handling of light loads to a maximum 20 kg
- Safety with tools and equipment when working at roof edges

### Certification

All delegates receive a certificate and ID card valid for 3 years.

### Course Ratio / Duration

6:1 (6 delegates to 1 instructor)  
8 guided learning hours i.e. 1 day

**TO BOOK OR FOR MORE INFORMATION TEL: 01925 212144**  
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