



CONFINED SPACES – ZGT20

Safe Entry – Low Risk

COURSE OVERVIEW

This course provides delegates with a basic knowledge of the dangers and hazards associated with working in a confined space, create a safe system of work and familiarisation with escape techniques. All delegates will be given the knowledge to implement safety measures for confined space entry using a combination of both practical and theoretical training sessions.

Pre-requisites

Persons attending this course must be medically fit.

Who Should Attend?

Individuals who may be exposed to working in confined space where there is a potentially hazardous working environment

COURSE OBJECTIVES AND CONTENT

- Introduction and course overview
- Legislation/ Definition of a 'Confined' space
- Gas composition and hazardous environments
- Risk Assessment and safe systems of work
- A thorough understanding of the dangers of confined spaces
- Principles and use of gas detectors
- Safe systems of work & permits to work
- Care and use of access equipment (tripods, Harness etc)
- Assessments



Certification

All delegates receive a certificate valid for 3 years.

Course Ratio / Duration

10:1 (10 delegates to 1 instructor)
7 guided learning hours i.e. 1 days

**TO BOOK OR FOR MORE INFORMATION TEL: 01925 212144
or email us at: training@zerogravitysafety.co.uk**