



Working at Height – ZGT06

Fall Protection Equipment training



COURSE OVERVIEW

This course is designed to provide workers with the knowledge and skills which enables them to work safely at height. It creates the necessary skill and knowledge base to meet the requirements for a competent person as defined under the worker at height regulations 2005 allowing them to select and use a variety of fall protection equipment.

Pre-requisites

None.

Who Should Attend?

This qualification is aimed at people who are required to work at height but at different locations and require the skill and knowledge to be able to select and use different methods of anchorage and fall protection systems to suit such as lanyards, vertical systems and horizontal man-safe systems.

COURSE OBJECTIVES AND CONTENT



- Understand the principles of work at height
- Understand the requirements of a workplace health and safety risk assessment
- Understand the factors that influence selection of work at height equipment
- Anchorage Systems – Horizontal / Vertical (EN795 all types)
- Body Support – Harness Inspection, donning and use
- Connectors – Lanyards and Rope Grabs (EN354, EN353)
- A demonstration in the correct method of inspection, storing and maintaining personal protective equipment.
- Access ways – protected & unprotected.
- To climb and work at height using lanyards and associated safety equipment. – Lanyards and Rope Grabs (EN354, EN353)
- Practical Assessment ONLY

Certification

All delegates receive a certificate valid for 3 years.

Course Ratio / Duration

6:1 (6 delegates to 1 instructor)

6 guided learning hours i.e. 1 days

**TO BOOK OR FOR MORE INFORMATION TEL: 01925 212144
or email us at: training@zerogravitysafety.co.uk**