



First Aid – ZGT30

QA Level 3 Award in Emergency First Aid at Work (RQF)

COURSE OVERVIEW

The Health and Safety (First Aid) Regulations 1981 require all employers to make arrangements to ensure their employees receive immediate attention if they are injured or taken ill at work. This includes carrying out a risk assessment, appointing a suitable amount of first aiders and providing appropriate first aid training.

Pre-requisites

There are no requirements for this course.

Who Should Attend?

The **QA Level 3 Award in Emergency First Aid at Work (RQF)** is a regulated and nationally recognised qualification designed for those who have a specific responsibility at work, to provide first aid in a range of emergency first aid situations. It is also ideal for people who have a specific responsibility to provide basic first aid in voluntary and community activities.

COURSE OBJECTIVES AND CONTENT



- **First Aid Priorities**
- **Acting safely, promptly and effectively in an emergency**
- **Preventing cross infection, recording incidents and actions and use of available equipment**
- **Cardiopulmonary resuscitation**
- **Care of an unconscious casualty (including seizure)**
- **Choking**
- **Wounds and bleeding**
- **Shock**
- **Minor injuries**

Certification

This qualification is valid for 3 years. The Learner needs to re-take the qualification and the assessments before the end of the 3 years to remain qualified.

Course Ratio / Duration

12:1 (12 delegates to 1 instructor)
6 guided learning hours i.e. 1 day

**TO BOOK OR FOR MORE INFORMATION TEL: 01925 212144
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