



CONFINED SPACES – ZGT23

Safe Entry/Escape using Full BA



COURSE OVERVIEW

This course provides delegates with a complete Understanding of the dangers involved with confined spaces. This course will enable delegates to enter, undertake work and exit confined spaces, with the use of full working breathing apparatus

Pre-requisites

Persons attending this course must be medically fit.

Who Should Attend?

To provide delegates with a thorough understanding of confined spaces, the associated legislation, approved code of practice (ACOP), dangers associated with confined spaces and the ability to enter, work and leave them safely by horizontal and/or vertical entry.

COURSE OBJECTIVES AND CONTENT



- Introduction and course overview
- Legislation/ Definition of a 'Confined' space
- Risk Assessment and hazard identification
- Atmospheric hazards and gases
- Principles and use of gas detectors
- Safe systems of work & permits to work
- Methods of communication
- Care and use of PPE
- Self rescue using escape BA
- The role of working BA/Rescue team
- Breathing times and BA control boards
- Pressure gauge and whistle warning unit
- Breathing apparatus pre-use checks
- BA pre-entry checks
- Donning and operating
- Doffing procedure
- After use cleaning and testing
- Assessments

Certification

All delegates receive a certificate valid for 3 years.

Course Ratio / Duration

8:1 (8 delegates to 1 instructor)

14 guided learning hours i.e. 2 days

**TO BOOK OR FOR MORE INFORMATION TEL: 01925 212144
or email us at: training@zerogravitysafety.co.uk**