



# Working at Height – ZGT215

## Ladder Association Ladders & Stepladders (user course)

### COURSE OVERVIEW

If you use ladders and stepladders, this course is for you! You'll learn when it's right to use a ladder (and when it's not), and how to use, store and handle them safely.

### Pre-requisites

Persons attending this course must be medically fit.

### Who Should Attend?

The course is designed for people using ladders and steps or platforms

### COURSE OBJECTIVES AND CONTENT

- Current Legislation, Regulations & Guidance
- Roles & Responsibilities of Employers & Employees
- Equipment - Leaning Ladders, Stepladders & Combination Ladders
- Site > Task > Equipment > People
- Pre-Use Checks
- Storage, Transportation & Maintenance
- Personal Hazards



### ASSESSMENT

- Theory - 20 Question, Multiple Choice Exam
- Practical - S.T.E.P Assessment of a Task, Pre-Use Inspection, Carrying & Setting Up a Ladder & Stepladder, Completing the Task.

### Certification

All delegates receive a certificate and Ladder Card valid for 5 years.

### Course Ratio / Duration

8:1 (8 delegates to 1 instructor)  
4 guided learning hours i.e. 1/2 day



**TO BOOK OR FOR MORE INFORMATION TEL: 01925 212144**  
**or email us at: [training@zerogravitysafety.co.uk](mailto:training@zerogravitysafety.co.uk)**