



# WAH – ZGT100

## Instructor

### COURSE OVERVIEW

This course is designed to impart a training base for adult educators so that they are able to prepare and administer a fall protection awareness seminar to other individuals within their company. The program will provide an insight as to the appropriate selection, use, and limitations of various types of fall protection equipment as well as teach participants how to relate the importance of harness inspection and donning in your workplace. It

includes program standards, lesson plans, slides, exam keys and a copy of the student manual. This course is delivered in accordance with BS8454-2006 Code of practice for the delivery of training and education for work at height and rescue.

### Pre-requisites

- Preparing to Teach in the Lifelong Learning Sector (PTLLS) (6302) or similar qualification

### Who Should Attend?

This course is for corporate in house trainers and provides them with the technical knowledge and resource materials to enable them to deliver professional Working at height Safety training to all of their staff.

### COURSE OBJECTIVES AND CONTENT



#### Day 1

- Introduction, Legislation, Standards & Guidance
- Hierarchy of Fall Protection
- Fall protection theory & application
- Hazards and precautions
- Risk Assessment – Specifically focusing on work at height
- Use & knowledge of commercially available F/A Systems
- Calculating fall clearance & selecting equipment

#### Day 2

- Work restraint and Fall arrest system training
- Anchor Point selection and use
- Storage and Maintenance including inspection logging
- Ladders and Step ladder Safety
- Rescue requirements and options
- Documentation, Due Diligence and Compliance Training
- Student Safety During Training Exercises
- Theory test & Practical Assessment

### Certification

All delegates receive a certificate valid for 2 years.

### Course Ratio / Duration

6:1 (6 delegates to 1 instructor)

14 guided learning hours i.e. 2 days

**TO BOOK OR FOR MORE INFORMATION TEL: 01925 212144**  
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