



CONFINED SPACES

Safe Entry/Rescue



COURSE OVERVIEW

The course is for those persons who must plan, supervise and access into confined spaces, but who also need the practical skills to use gas monitoring devices, PPE, harnesses and winching systems. It is aimed at those entering confined spaces but not limited to such as Drum, Steep, Silo's, Still, Washback, Pits or enclosed/restricted areas inside buildings. This course provides delegates with a thorough understanding of confined space procedures, the dangers of confined spaces and enables them to carry out an entry to work in a confined space safely. This course specifically concentrates on the rescue skills required to provide on-site cover for those working in confined spaces. It covers winching and hauling systems, incident management and immediate-response risk assessment.

Pre-requisites

Persons attending this course must be medically fit.

Who Should Attend?

This particular course embodies the skill and knowledge elements, as part of the requirement for candidates to become competent. It is designed for managers, supervisors and operatives who may need to enter or supervise the entry into confined spaces and carry out a variety of work activities.

COURSE OBJECTIVES AND CONTENT



- Introduction and course overview
- Legislation/ Definition of a 'Confined' space
- Specified Risks
- Duties under the Regulations, preventing the need for entry
- Risk Assessment and hazard identification
- Atmospheric hazards and gases
- Principles and use of gas detectors
- Safe systems of work & permits to work
- Roles, responsibilities and top-man/co-ordinator duties
- Pre use checks, correct donning & adjustment of harness
- Inspection and applications of davits, winches and fall arrest equipment
- Emergency procedures
- Practical exercises and assessments

Certification

All delegates receive a certificate valid for 3 years.

Course Ratio / Duration

10:1 (10 delegates to 1 instructor)
7 guided learning hours i.e. one day

**TO BOOK OR FOR MORE INFORMATION TEL: 01925 212144
or email us at: training@zerogravitysafety.co.uk**