

WAH – ZGT203

MATS BASIC TOWER CLIMBER AND RESCUE

COURSE OVERVIEW

This practical course is aimed at persons who must access beyond protected areas on telecommunications masts/towers, pylons and similar structures using personal fall protection equipment. Successful delegates are competent to perform work positioning* and fall arrest techniques. Individuals successfully completing the programme qualify for registration on EUSR for Basic Tower Climbing & Rescue.

Pre-requisites

Delegates must bring their own safety footwear and gloves and be physically fit to participate.

Who Should Attend?

This course is for all individuals whose role requires them to climb masts and towers and work at height. The scheme is for those both new to climbing and rescuing, and those who already work in a relevant role and who are looking to refresh/maintain their level of competence and skill.

COURSE OBJECTIVES AND CONTENT

- Introduction, Legislation, Standards & Guidance
- Hazards associated with work at height on towers and masts.
- Management of falling object hazards.
- Hierarchy of control measures for safe work at height.
- Selection of personal fall protection equipment (PFPE).
- Access and anchor systems including temporary rope lifelines.
- Principles of safe climbing / knots & uses
- Pre-use inspection of basic PFPE.
- Climbing fixed ladders with installed systems and PFPE.
- Use of work positioning and fall arrest PFPE on open structures
- Rescue from lanyards & casualty care
- written and practical assessment

Certification

All delegates receive a certificate and ID card valid for 1 year. Course is designed to allow access to Arqiva sites under MATS accreditation.

Course Ratio / Duration

6:1 (6 delegates to 1 instructor)
20 guided learning hours i.e. 3 days

**TO BOOK OR FOR MORE INFORMATION TEL: 01925 212144
or email us at: training@zerogravitysafety.co.uk**